

Curriculum Vitae

Mehdi Amirnia MD.



General Information:

Department of Dermatology, Sina Educational Hospital, Tabriz University of Medical Sciences

Mailing Address:

Department of Dermatology, Sina Hospital, Azadi Ave, Tabriz, East Azarbaijan, IRAN.

Post Office Box:

Tel: +984135498169

Fax: +984135498406

Email: mehamir46@gmail.com, Amirniam@tbzmed.ac.ir

Date of Birth: 19 September 1967

Place of Birth: Maragheh, IRAN

Marital Status: Married

Citizenship: Iranian

Languages: Farsi, Azarbaijani, Turkish, English

Education:

MD: IRAN University of Medical Sciences 1985-1992

Residency: Tabriz University of Medical Sciences 1995-1999

Professional Employment History:

General Physician at Kavar Hospital, Shiraz, Fars 1992-1994

General physician at Marand Hospital, Tabriz, EA 1994-1995

Dermatologist at Sarab Hospital, Tabriz, EA 1999-2001

Assistant Professor of Dermatology, Tabriz University of Medical Sciences 2001-2010

Associated Professor of Dermatology, Tabriz University of Medical Sciences 2010-2015

Professor of Dermatology, Tabriz University of Medical Sciences 2015-present

Honors:

Award in 4th educational Motahhari festival

Board Certification:

Iranian Board of Dermatology

Medical License: IRAN-36492

Current Duties:**Medical Director:**

Dermatologist, responsible for inpatient and outpatient cure at Sina Hospital 2000-present

Director in Grand Rounds 2005-present

Director of Dermatology wards at Sina Hospital 2005-2007

Head of Dermatology Department 2007-2012

Specialty and Subspecialty Educational Deputy 2013-present

Research:

Deputy for research of Dermatology Department 2002-2005

Education:

Head of CME in Tabriz University of medical Science, Co-Worker of continuing medical education in EDC, 2009

Teaching:**Classroom Instruction:**

1. Skin viral infection and skin tumor and syphilis for medical students 2000-present
2. Dermatology for nursing students

Clinical Instruction:

- Clinical teaching to medical students, Medical Residents, 2000-present
- Morning Report
- Attending Rounds
- CPCs
- Grand Round
- Journal Clubs

Committees:

- Member of Iranian Dermatology society 2000-present
- Member of military commission 2003- present

Department Committees:**Hospital Committees:**

Member of monitoring and Assessment- Committee

Mentorship:

Thesis:

1. Nima Ravan, Demography of Zona, 2001
2. Naser Atapoor, Survey of softy margin in B.C.C surgery, 2000
3. Reza Arvanagy, Etiology of xanthematic eruption, 2002
4. Ali Khagei, Survival study of pemphigus, 2003
5. Bahare Feizy, study of cryo in wart, 2003
6. Reza Faramarzy, study of response to treatment in pemphigus, 2003
7. Mehran Mohammadzadeh, Survey of congenital nevuse, 2004
8. Mehry Mobaraky, Encidence of psoriasis erythrodermia, 2004
9. Reza Sadeg Aval, Survey of topical methoalen in Vitiligo, 2005
10. Amin Gazanfary, Survey of occupational Dermatitis, 2005
11. Behnaz Irandost, Survey of Hand dermatitis, 2005
12. Sagad Mehrin, Study of pyogenic granuloma, 2005
13. Shalaleh Ganjy, Study of Skin manifestation in schizophrenia, 2008
14. Sima Sinafar, Survey of Zinc and Copper in hair and serum in Alopecia, 2009
15. Golnaz Mabayyen, Survey of Dermatoglyphic in psoriasis and Eczema, 2008
16. Mahsa Aminizadeh, , Survey of Dermatoglyphic in Vitiligo and Alopecia Areata, 2008
17. Jalal Khoban, Effect of IPL laser therapy on vascular lesion, 2010
18. Hannaneh Mangabati, Renal involvement in psoriasis patients referred to dermatology clinic of Sina hospital Tabriz, 2011
19. Elnaz Poorhasani, Comparison study of oral Ivermectin Vs. Lindane Lotion 1% in the treatment of Scabies, 2014
20. Fatemeh Mokhtari, Study of therapeutic effects of Cupressus sempervirens on basal cell carcinoma in in vitro, 2015.
21. Davood Ahmadi Maleki, Effect of PRP on Androgenic Alopecia, 2018.
22. Asal Sadri, Derivation and evaluation of cupressus sempervirence crude extract on human Basal Cell carcinoma kinetics in vivo model of mice, 2018.
23. Mir Ahad Mousavi, Comparison study of combination of cryotherapy & intralesional injection and multipuncture of bleomycin vs cryotherapy in resistant palmoplantar warts, 2019.
24. Hasan Salami, Therapeutic Effects of Adalimumab in patients with Rrsistant psoriasis patients by DLQ and PASI questionnaires, 2020.
25. Roya MirHaji, Comparision of Therapeutic effects of the herbal anti acne formulation (Acidine gel, Tea Tree Oil 5%) and topical clindamycin in mild acne vulgaris treatment, 2021.

Doctoral Thesis Committee Member:

1. Narkes Najmi MD. , 2004
2. Solmaz Fartash MD. , 2004
3. Farzad Tajik MD. , 2004
4. Susan Golipor MD. , 2004

5. Pegah Norafza MD. , 2005
6. Simin Ashrafi MD. , 2005
7. Said Azari MD. , 2005
8. Majid Mahdavy MD. , 2006
9. Reza Nematolahy MD. , 2007
10. Mahrokh Gaffary MD. , 2008

Research Projects:

1. Comparative study of clindamycine and Nicotinamide gel in treatment of Acne Vulgaris, March 2001; Khodaeiani E, Amirnia M, Agazadeh A.
2. PUVA therapy and phototherapy in psoriasis, December 2005
3. Survey of Cyclooxygenase II in skin Tumor, 2007
4. Survey of Zinc and Copper in hair and serum in Alopecia, 2009
5. Survey of Dermatoglyphic in Vitiligo and Alopecia Areata, 2008
6. The study of the clinical effectiveness of the doxycycline capsule with zinc sulfate capsule in the treatment of the patients with acne vulgaris, 2010
7. Efficacy and side effect of Dysport for treatment of forehead & glabellar line, 2011
8. The Comparison study of Intralusalional injection of tuberculin vs cryotherapy in treatment of resistance warts, 2013
9. Study of therapeutic effects of Cupressus sempervirens on basal cell carcinoma in vitro, 2014

Publications:

Journal Articles

1. Babaei Nejad SH, Khodaeiani E, Amirnia M. Study of cicatricial Alopecia in Sina Hospital. Journal of Iranian Dermatology Association, March 2006.
2. Babaei Nejad SH, Khodaeiani E, Amirnia M. Study of Dermatophytic infection. Medical Journal of EJE University of medical sciences, 2006.
3. Khodaeiani E, Amirnia M, Babaei Nejad SH. Survey of onychomycosis in nails disorder, Medical Journal of Tabriz University of medical science, winter 2005.
4. Khodaeiani E, Amirnia M, Babaei Nejad SH. The prevalence of Dermatitis due to cement in Soufian cement factory, Medical Journal of Tabriz University of medical science.
5. Khodaeiani E, Razi A, Danesh M, Amirnia M, Hasanzadeh A. Survey of Jessner in peeling of skin in acne, Medical Journal of Tabriz University of medical science, May 2004.
6. Lotfi M, Amirnia M, Agazadeh A. Incidence of hand dermatitis in operation room nursing. Medical Journal of Tabriz University of medical science, April 2003.
7. Khodaeiani E, Amirnia M, Agazadeh A. comparative study of Clindamycine gel and Nicotinamidin treatment of Acne Vulgaris, Medical Journal of Tabriz University of medical science, May 2003.

8. Amirnia M, Ranjkesh MR. A case Report of Hereditary dyskromatosis, Medical Journal of Tabriz University of medical science, 2008.
9. Amirnia M, Ranjkesh MR. Survey of melanocytic congenital nevuse, Ardabil medical journal, 2008.
10. Amirnia M, Khodaeiani E. A case Report of DLE in Child, Urmiye journal of medical science, 2007.
11. Babaie Nezhad SH, Amirnia M, Alikhah H, Khodaiani E, Atapour N. Safety margin in excision of Basal cell carcinoma, pakistan Journal of Biological sciences, 2009.
12. E. Khodaiani, M. Amirnia, S.Babaie Nejad, H. Esmaeili, E. Razzagh Karimi, H. Alikhah. Clinicopathologic Study of Basal Cell Carcinoma, Research Journal of Biological Sciences. 5(4), 2010.
13. Amirnia M, Khodaiani E, and Fouladi RF, Hashemi A. Topical steroids versus PUVA therapy in moderate plaque psoriasis: A clinical trial along with cost analysis, J Dermatology treat, 2011.
14. Mehdi Amirnia, Shalaleh Ganji, Asghar Asfaei, Majid Khanmohammadi, Survey of Skin disease in Schizophrenia patients visiting psychiatry clinics in Razi and Sina hospital in 2007 to 2008, Tabriz in Iran, Annals of Biological Research, 2(5), 2011.
15. Mehdi Amirnia, Faezeh Mohammadi H, Seyed Ahmad Hejazi, Hossein Alikhah, Level of Satisfaction among Continuing Medical Education Participants of e-Learning Programs at Tabriz University of Medical Sciences in 2010, Dev. Med. Educ., 1(1), 2012.
16. E. Khodaiani, N. Yousefi, M. Amirnia, S.Babaie Nejad. Efficacy of 2% Metronidazole Gel in Moderate Acne Vulgaris, Indian Journal of Dermatology, 57(4), 2012.
17. Mohebbipour AR, Saleh P, Goldust M, Amirnia M, et al. Treatment of Scabies: Comparison of Ivermectin vs. Lindane Lotion 1%, Acta Dermatovenerol Croat, 20(4), 2012.
18. Mehdi Amirnia , Sima Sinafar, Hassan Sinafar, Mohammad Nuri, Assessment of Zinc and Copper contents in the hair and Serum and also superoxide dismutase, glutathione peroxidase and malondi aldehyde in serum in androgenetic alopecia Areata, Life Science Journal, 10(1), 2013.
19. Goldust M, Ranjkesh M, Amirnia M, Golfroushan F. Sertaconazole 2% cream versus hydrocortisone 1% in the treatment of seborrheic dermatitis. J Dermatology Treat, Feb 2013.
20. Shahla Babaye Nazhad, Mehdi Amirnia, Effat Khodaeyani, Pegah Noor Aza. Effect of Oral Vitamin E on Atopic Dermatitis, Journal of Clinical Research& Governance, 2(2), 2013.
21. Khodaeiani E, Fakhrjou A, Amirnia M, Babaeinejad SH, et al. Immunohistochemical evaluation of P53 and Ki67 expression in skin epithelial tumors, Indian Journal of Dermatology, 58(3), 2013.
22. Khodaeiani E, Fadaei Fouladi R, Amirnia M, et al. Topical 4% nicotinamide vs. 1% clindamycin in moderate inflammatory acne vulgaris, International Journal of Dermatology, 52(8), 2013.

23. Amirnia M, BabaieGhazani A, Fakhrjou A, Khodaeiani E, et al. Immunohistochemical study of cyclooxygenase-2 in skin tumors, *J Dermatology treat.* 25 (5), 2014.
24. Khodaeiani E, Babaeinejad SH, Amirnia M, Shokri J, Razzag Karimi E, et al. Efficacy of 10% Azelaic Acid Gel with Hydro-alcoholic or Alcohol-free Bases in mild to moderate Acne vulgaris; the first clinical Trial, *J. Med. Sci.* 14(2), 2014.
25. Amirnia M, Khodaiani E, Masoudnia S, Fouladi R. Intralesional immunotherapy with tuberculin purigied protein derivative (PPD) in recalcitrant wart; a randomized, placebo controlled, double blind clinical trial including an extra group of candidates for cryotherapy, *Journal of Dermatological treatment*, 2015.
26. Amirnia M, Khodaiani E, Masudnia S, Nobahari S, Emami Khatib E, Ezzati A. Study of Cryotherapy results in warts in patients reffering to Dermatology Department of Sina Hospital, Iran. *Our dermatology Online*, 6(3), 292-295, 2015.
27. Mehdi Amirnia, Seyed Sajjad Mahmoudi, Farid Karkon Shayan, et al. Comparative study of intralesional steroid injection and cryotherapy in alopecia areata, *Nigerian Medical Journal*, 56(4), 2015.
28. Mehdi Amirnia, Effat Khodaeiani, Daniel F. Fouladi & Sima Masoudnia. Intralesional immunotherapy with tuberculin purified protein derivative (PPD) in recalcitrant wart: A randomized, placebo-controlled, double-blind clinical trial including an extra group of candidates for cryotherapy, *J Dermatolog Treat, Early Online*: 1–6. 2015.
29. Amirnia M, Ranjkesh MR, Azimpouran M, Karkon Shayan F, Alikhah H, Jafari Asl MA, Piri R, Naghavi B. Comparative Study of Dermatoscopic and Histopathologic Results in Facial Basal Cell Carcinoma and Melanocytic Nevi. *Asian Pacific Journal of Cancer Prevention*, 17 (Issue 1), 425-429, 2016.
30. Mehdi Amirnia, Fatemeh Mokhtari, Aysa Rezabakhsh, Elaheh Nabat, Effat Khodaiani, Sajad Khalilzadeh, et al. Cupressus sempervirens extract inhibited human basal cell carcinoma tumorigenesis, local invasion, and angiogenic property. *Comparative Clinical Pathology*, 26, 203–211, 2017.
31. Khodaeiani E, Fakhrjou A, Ghareaghaji Zare A, Talghini Sh, Amirnia M. Immunohistochemical study of COX-2 in melanocytic skin lesions. *Medical Journal of Tabriz University of Medical Sciences and Health Services*, 39(1), 38-43, 2017.
32. Javad Mahmoudi, Ata Mahmoodpoor, Mehdi Amirnia, Tohid Kazemi, Pooneh Chokhachi Baradaran, et al. The induced decrease in TLR2 and TLR4 by cerebrolysin in the alcoholic liver of rats. *Journal of Cellular Physiology*, 234 (issue 9), 16290-16294, 2019.
33. Mehdi Amirnia, Effat Khodaiani, Davod Amadi Maleki, niloofar Afshari. Effect of Platelet-Rich Plasma (PRP) in the treatment of patients with androgenic alopecia. *Med J Tabriz Uni Med Sciences Health Services*, 42, 381-385, 2020.
34. Amirnia M, Ranjkesh MR, Mousavi MA. Comparison study of combination of cryotherapy & intralesional injection and multipuncture of bleomycin vs cryotherapy in resistant palmoplantar warts. *Med J Tabriz Uni Med Sciences Health Services*, 42, 677-683, 2021.
35. Afshari N, Amirnia Mehdi, Ahmadi D, Kashefi S, Aghamohammadi V. Comparing the efficacy of intense pulsed light combined with oral azithromycin versus oral azithromycin alone in the treatment of moderate to severe papulopustular acne

vulgaris. Medical Journal of Tabriz University of Medical Sciences and Health Services, 42(6), 621-626, 2021.

Abstracts:

1. Khodaeiani E, Amirnia M, Agazadeh A. comparative study of Clindamycine geland Nicrotinamidin in Acne Vulgaris, 5th international congress of dermatology, Tehran, May 2002.
2. Khodaeiani E, Babaei Nejad SH ,Amirnia M. Survey of Psoriasis in Sina Hopital, 7th congress of Dermatology, Tehran, October 2004.
3. Khodaeiani E, Babaei Nejad SH, Amirnia M. Survey of patient with erythema multiform in Department of Dermatology ward, 7th congress of Dermatology, Tehran, October 2004.
4. Amirnia M, Razi A. Indication to abortion in skin disease, Congress of Abortion, Tabriz, December 2004.
5. Khodaeiani E, Babaei Nejad SH, Amirnia M. Survey of onychomycosis in nails disorder, International congress of Dermatology, October 2005, London.
6. Ahmadi AB, Amirnia M. Relation of prostate hyperplasia with acne, Tehran, June 2006.
7. Amirnia M, Babaei Nejad. Study of Oral lesion (Clinicopathology), 2007.

Lectures, Speeches at Professional Conference/ Meetings:

1. Skin manifestation of urologic disease. Presented in Urology monthly conference, October 2000, Tabriz.
2. Occupational disease, Presented in continue medical education program for general physician, May 2001, Tabriz.
3. Vasculitis, Presented in continue medical education program for Dermatologist Feb 2002, Tabriz.
4. Hydration in pharmacy, Presented in continue medical education program for Pharm. Dec 2003, Tabriz.
5. Phototherapy in Psoriasis, Presented in Dermatologic monthly conference, Sep 2004, Tabriz.
6. Phototherapy in Vitiligo, Presented in Dermatologic monthly conference, Nov 2004, Tabriz.
7. Side effect of phototherapy, Presented in Dermatologic monthly conference, Jan 2004, Tabriz.
8. Skin Tuberculosis, Presented in Dermatologic monthly conference, March 2004, and Tabriz.
9. Indication to Abortion in Skin dis. Presented in continue medical education program general for general physicians, April 2005, Tabriz.
10. Clinical Variants of lichen planus and treatment. Presented in Dermatologic monthly conference, September 2012, The First Dermatologic Congress in North West of Iran-Tabriz.

11. Skin Cancer in East Azerbaijan, Iran, and Results of a population based cancer registry. Presented in Dermatologic monthly conference, September 2012, The First Dermatologic Congress in North West of Iran- Tabriz.
12. Assessment of Dermatoglyphic pattern in Alopecia Areata and Vitiligo. Presented in Dermatologic monthly conference, September 2012, The First Dermatologic Congress in North West of Iran- Tabriz.
13. Emergency in Dermatology. Presented in Dermatologic monthly conference, September 2014, The 2th Dermatologic Congress in North West of Iran- Tabriz.
14. Intralesional immunotherapy with tuberculin purified protein derivative (PPD) in recalcitrant wart. Presented in Dermatologic monthly conference, September 2014, The 2th Dermatologic Congress in North West of Iran- Tabriz.
15. Report of Interesting Dermatologic Cases and their Management. Presented in Dermatologic monthly conference, August 2016, The 3th Dermatology Congress in North West of Iran- Tabriz.
16. Evaluation of in vitro efficacy of Cupressus Sempervirens essential oil on Basal Cell Carcinoma. Presented in Dermatologic monthly conference, August 2016, The 3th Dermatology Congress in North West of Iran- Tabriz.
17. Botullinium Toxin Injection for lower face Rejuvenation. Presented in Dermatologic monthly conference, August 2016, The 3th Dermatology Congress in North West of Iran- Tabriz.
18. Comparison Efficacy of IPL (Intense Pulsed Light) combined with oral Azithromycin with oral Azithromycin alone in the treatment of moderate to Sever Papulopustular Acne Vulgaris. Presented in Dermatologic monthly conference, October 2018, The 4th Dermatology Congress in North West of Iran- Tabriz.
19. Study the effect of Finasteride microemulsion gel on the treatment of men with mild to moderate Acne. Presented in Dermatologic monthly conference, October 2018, The 4th Dermatology Congress in North West of Iran- Tabriz.
20. PRP. Presented in Dermatologic monthly conference, October 2018, The 4th Dermatology Congress in North West of Iran- Tabriz.

Book:

- 20 common problem in Dermatology (Translation), 2006.
- Essential of Continious medical education (CME), 2011.
- Textbook of Dermatology for Medical Students and General Practitioners, 2012.
- Textbook of Dermatology for Medical Students and General Practitioners, 2021.